

# Radical Sex

What Would Make You Radically, Ecstatically Happy With Your Sex Life?

## RADICAL SEX PART TWO: 7 STRATEGIES FOR RADICAL SEX

### **Strategy #1: Identify your Biggest Dream or Vision for Your Sexual Relationship**

**Radical Action:** Schedule a mini relationship retreat with your partner TODAY.

### **Strategy #2: Practice Radical Intimacy**

**Radical Action:** Review and implement Radical Intimacy strategies with your partner.

### **Strategy #3: Share and Explore All Your Fantasies and Desires**

**Radical Action:** Share your fantasies and desires with your partner as they occur, don't censor yourself or hold anything back.

### **Strategy #4: Daily Sex**

**Radical Action:** Initiate a daily routine of private touching. Discuss what would be OK and welcomed, and do your best to lower your boundaries and try things you normally would not.

### **Strategy #5: Expand Beyond Traditional Intercourse**

**Radical Action:** Brainstorm and research alternatives together and try one new "non-traditional" form of sex once a month.

### **Strategy #6: Learn**

**Radical Action:** Surf the internet, Amazon, and elsewhere to find books, videos, websites, etc. and select a few to explore with your partner.

### **Strategy #7: Compile Your Radical Sex Playlist**

**Radical Action:** To start your playlist, each partner make a list of your top 3 favorite sexual routines and add over time.

Examples –

- Toy Day
- Bath Day
- Erotic Video Day
- Pleasure Her Day
- Pleasure Him Day
- Erotic Massage Day

*Make your life together your greatest adventure.*

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