

Radical Marriage

Your Relationship as Your Greatest Adventure

SIX KEY ELEMENTS OF RADICAL MARRIAGE

Key Element #1: Radical Commitment

Beyond your marriage vows, you both are absolutely 100% committed to your marriage, no matter what, and you are committed to your partner's happiness as your own.

Key Element #2: Radical Communication

You know how to effectively exchange information so that it is thoroughly understood, and you know how to assert your needs, resolve differences and conflict to get on with the serious business of fulfilling your dreams together.

Key Element #3: Radical Intimacy

You are completely transparent to your partner, you don't censor yourself or hold anything back. You share all your thoughts feelings, wants, needs, fantasies and desires.

Key Element #4: Radical Romance

You continually express your love, appreciation, attraction and adoration for your partner in words and actions and don't take your relationship for granted or allow passion to be replaced by routine.

Key Element #5: Radical Sex

Beyond satisfying physical urges, you consciously seek and experience emotional, physical, and spiritual connection every day, continually exploring new ways to express love and pleasure your partner and allowing yourself to be loved and pleased.

Key Element #6: Radical Living

Beyond survival and comfort, you consciously design your lifestyle together, develop your shared vision and goals, and devote time and resources to realizing your dreams in each moment together, as well as prioritizing your goals and preparing for your future.

FIVE PROMISES OF RADICAL COMMITMENT

Promise #1: I Promise to Love You Every Day

I know that love is a choice and I choose to love you always. Though I can get busy and have my moods, you deserve my love and attention each and every day. I choose to love you even when I'm upset or frustrated.

Promise #2: I Promise to Choose You First

You are the most important person in my life and I commit to not taking you or our relationship for granted, each and every day. Though work, home, finances, family, friends, hobbies, and other stresses and distractions can make this challenging, I choose you first, always.

Promise #3: I Promise to Take Responsibility

I understand that my outcomes are 100% dependent upon my own choices and actions, and that my thoughts and feelings are my own. I know that our relationship is a mirror reflecting myself back to me, and that my desire to be happy and feel loved by you depends upon my own ability to allow myself to be happy and to receive your love.

Promise #4: I Promise to Say "Yes!"

You deserve my positive response even when I don't feel like it. Your needs and wants are a gift to my growth and well-being and the key to a great life together. I am committed to your happiness as much as my own. If I'm unable to grant 100% of your desire or request I will respond positively and work with you to find a creative way to meet your underlying need. You can feel safe with me as one who loves you and will respect and honor your needs, always.

Promise #5: I Promise to be Your Hero

When Life is challenging (and even when it's not) you deserve a champion; someone who will be there for you, love and support you unconditionally, no matter what. I commit to being your hero and helping you feel emotionally and physically safe and secure. I believe in you and I believe in us

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